

Skills Answer Sheet

Name _____

At the top of the next page, list three activities you enjoy doing. Try to choose different types of activities; for example, one activity at home, one at school, and one at work. You might include: cooking dinner, designing a poster for school, or selling newspapers.

Activity 1: _____

Activity 2: _____

Activity 3: _____

Record the skill numbers from the SKILLS Inventory Cards or SKILLS Inventory Worksheet.

Five **Very Satisfying** Skills _____

Ten **Moderately Satisfying** Skills _____

Twenty **Somewhat Satisfying** Skills _____
